SCHOOL LUNCH MENU WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	HOT DOG IN A Bun	JACKET POTATO WITH CHEESE, BEANS OR TUNA	MINCED BEEF AND POTATO PIE	TANDOORI CHICKEN IN NAAN BREAD	FISH FINGERS AND WAFFLES
VEGETARIAN MAIN DISH	VEGGIE HOT DOG IN A BUN	JACKET POTATO WITH CHEESE, BEANS OR TUNA	VEGGIE MINCE AND POTATO PIE	VEGGIE TANDOORI IN NAAN BREAD	VEGGIE FINGERS AND WAFFLES
ACCOMPANIMENTS	BEANS OR SALAD	SALAD	CARROTS OR SALAD	RICE OR SALAD	PEAS OR SALAD
DESSERT	CAKE, COOKIE OR FRESH FRUIT	CAKE, COOKIE OR FRESH FRUIT	CAKE, COOKIE OR FRESH FRUIT	CAKE, COOKIE OR FRESH FRUIT	CAKE, COOKIE OR FRESH FRUIT
PASTA OPTION	TOMATO OR CHEESE	TOMATO OR CHEESE	TOMATO OR CHEESE	TOMATO OR CHEESE	TOMATO OR CHEESE

ON MOST DAYS, SALAD WILL INCLUDE THE FOLLOWING: CARROTS, PEPPERS, LETTUCE, TOMATOES, RADISH,
CUCUMBER AND BEETROOT

EVERY DAY, FRUIT IS ON THE MENU INCLUDING: APPLES, ORANGES, BANANAS, GRAPES, MELON AND KIWI FRUIT