

Upcoming

Parent Carer Workshops



Workshops held at Visyon (Fellowship House, Congleton, CW12 1DP)

For further information/and or to book a place, please email the

FamiliesandCommunitiesTeam@Visyon.org.uk

(Please detail the Workshop name in the subject box of your email and provide a contact number).

Helping support a child's worries and anxieties, 7-week programme. <i>All 7 weeks to be attended consecutively.</i> 10:30 – 12:00 each week	• 27/09/2023 – week 1 • 04/10/2023 – week 2 • 11/10/2023 – week 3 • 18/10/2023 – week 4 • Break 25/10/2023 for half-term week • 01/11/2023 – week 5 • 08/11/2023 – week 6 • 15/11/2023 – week 7
Supporting a child with their sleep workshop	• 10.10.2023 - 10:00 – 12:00
Connecting with and supporting a teenager workshop	• 16.10.2023 - 13:00 – 14:30
Supporting a child with their emotions workshop	• 30.10.2023 - 13:00 – 14:30
Supporting a child with additional needs	• 25.10.2023 - 10:30 – 12:00
Supporting a child with the world of social media workshop	• 07.11.2023 - 10:00 – 11:30
Understanding self-harm workshop	• 22.11.2023 - 10:30 – 12:00
Supporting a child with bullying workshop	• 27.11.2023 - 13:00 – 14:30
Supporting a child's development workshop	• 29.11.2023 - 10:30 – 12:00
Supporting a child with anxiety workshop	• 05.12.2023 - 10:00 – 11:30
Supporting a child with parental separation workshop	• 11.12.2023 - 13:00 – 14:30
Supporting a child with loss and bereavement workshop	• 13.12.2023 - 10:30 – 12:00

If you believe you would benefit from one of our Workshops, but the dates/timings are not convenient, please get in touch as above. **These workshops are free of charge.**