

PE 3-Year Curriculum Plan

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball skills: Hands 2	Games for understanding
Class 2	Locomotion: Dodging (Y2) Health and Wellbeing (Y1)	Ball Skill: Hands 1 (Y1) Dance: Growing (Y1)	Gymnastics: Wide and Narrow (Y1) Ball Skills: Hands 2 (Y1)	Team Building (Y1) Yoga (Class 2)	Dance: Explorers (Y2)	Games for Understanding (Y1)
Class 3	Locomotion: Running (Y1) Health and Wellbeing (Y2)	Ball Skill: Hands 1 (Y2) Dance: Witches and Wizards (Y3)	Gymnastics: Body Parts (Y1) Gymnastics: Linking (Y2)	OAA: Problem Solving (Y3) Games: Hockey (Y3)	Games: Cricket (Y3) Games: Netball (Y4)	Games: Tennis (Y3) Athletics: Competitions (Y3)
Class 4	Health Related Exercises (Y5) Games: Tag Rugby (Y4)	Dance: Space (Y4) Games: Dodgeball (Y5)	Gymnastics: Symmetry & Asymmetry (Y3) Games: Hockey (Y4)	OAA: Problem Solving (Y4) Games: Football (Y5)	Games: Cricket (Y4) Games: Tennis (Y4)	Athletics: Throwing and Jumping (Y5) Games: Rounders (Y5)
Class 5	Health Related Exercises (Y5) OAA: Problem Solving (Y5)	Dance: Carnival (Y6) Games: Dodgeball (Y6)	Gymnastics: Bridges (Y4) Games: Netball (Y5)	Games: Football (Y6) Games: Hockey (Y6)	Games: Cricket (Y6) Games: Tennis (Y6)	Athletics: Throwing and Jumping (Y5) Games: Rounders (Y5)

Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball Skills: Hands 2	Games for understanding
Class 2	Locomotion: Running (Y1) Health and Wellbeing (Y2)	Ball Skill: Hands 2 (Y2) Dance: Mr Candy's Sweet Shop (Y2)	Gymnastics: Body Parts (Y1) Team Building (Y2) Dance: Heros (Y1)	Gymnastics: Linking (Y2) Team Building (Y2)	Games for understanding (Y2) Games: Cricket (Y3)	Games: Football (Y3)
Class 3	Locomotion: Jumping (Y2) Health and Wellbeing (Y2)	Ball Skill: Hands 2 (Y2) Dance: Mr Candy's Sweet Shop (Y2)	Gymnastics: Body Parts (Y1) Games: Dodgeball (Y3)	Games for Understanding (Y2) Games: Football (Y3)	OAA: Orienteering (Y3) Games: Cricket (Y3)	Athletics: Throwing and Jumping (Y3) Games: Rounders (Y3)
Class 4	Health Related Exercises (Y5) Games: Tag Rugby (Y5)	Gymnastics: Counter Balance & Counter Tension Dance: Greeks (Y5)	Gymnastics: Bridges (Y4) Games: Dodgeball (Y4)	Games: Hockey (Y5) Games: Football (Y4)	OAA: Orienteering (Y4) Games: Netball (Y5)	Games: Tennis (Y4) Games: Cricket (Y5)
Class 5	Health Related Exercises (Y6) Games: Tag Rugby (Y5)	Dance: Greeks (Y5) Games: Dodgeball (Y6)	Gymnastics: Counter Balance & Counter Tension (Y5) Yoga*	Games: Hockey (Y5) Games: Football (Y6)	OAA: Orienteering (Y5) Games: Tennis (Y5)	Games: Cricket (Y5) Athletics: Athletics (Y6)

Year C	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball skills: Hands 2	Games for understanding
Class 2	Lomotion: Jumping 1 (Y1) Health and Wellbeing (Y2)	Ball Skills: Feet (Y2) Dance: Water (Y2)	Gymnastics: Pathways (Y2) Yoga	Ball Skills: Hands 2 (Y1) Dance: The Zoo (Y1)	Games for Understanding (Y2) Games: Dodgeball (Y3)	Games: Football (Y3)
Class 3	Locomotion: Jumping (Y1) Health and Wellbeing (Y2)	Ball Skills: Feet (Y2) Dance: Weather (Y3)	Gymnastics: Pathways (Y2) Games: Tag Rugby (Y3)	Team Building (Y2) Games: Hockey (Y3)	OAA: Communication & Tatics Games: Tennis (Y3)	Games: Netball (Y3) Athletics: Competition (Y3)
Class 4	Health Related Excerises (Y5) OAA: Communication & Tatics (Y4)	Dance: World War 2 (Y4) Games: Dodgeball (Y4)	Gymnastics: Matching & Mirroring (Y6) Games: Tag Year (4)	Games: Football (Y5) Games: Netball (Y4)	Games: Hockey (Y5) Games:Tennis (Y5)	Games: Cricket (Y4) Games: Rounders (Y4)
Class 5	Health Related Excerises (Y6) OAA: Communication & Tatics (Y5)	Dance: Titanic (Y6) Games: Dodgeball (Y6)	Gymnastics: Matching & Mirroring (Y6) Yoga*	Games: Football (Y5) Games: Netball (Y6)	Games: Hockey (Y6) Games: Cricket (Y5)	Games: Tennis (Y5) Athletics: Running (Y5)